

# Living In Tuscany

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*Living In Tuscany*

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## TRAVIS FITZGERALD

**A Thousand Days in Tuscany** Gemelli Press LLC

The sudden death of her brother Jim, the subsequent discovery of a half-sister living in Tuscany, and the murder of Jim's coworker Rodney, upend Catherine (Cat) Emerson's tranquil life. Since Cat refuses to fly, her Tuscan sister Luna Bianchi and Luna's adopted son Nico, travel to Amelia Island, Florida to meet her. Cat becomes entangled in the investigation into Rodney's murder. Missing her sister, Cat takes a cruise ship from Florida to Italy to visit Luna and Nico. During their tour of Sicily, Luna is called back to her home in Tuscany by the police. Luna vanishes the next day. Can Catherine face her greatest fear and fly from Sicily to Tuscany to search for her sister before it's too late?

**A Zany Slice of Tuscany** North Point Press

"My ideal type of armchair travel: immersive, insightful, seductive. In *Bella Figura*, Kamin Mohammadi takes us to the year in Florence that changed her life, and gives us the tools to bring the grace of the Italian lifestyle to our own lives." —National Bestselling Author Stephanie Danler  
 "She walks down the street with a swing in her step and a lift to her head. She radiates allure as if followed by a personal spotlight. She may be tall or short, slim or pneumatically curvaceous, dressed discreetly or ostentatiously—it matters not. Her gait, her composure, the very tilt of her head is an ode to grace and self-possession that makes her beautiful whatever her actual features reveal." This is the *bella figura*, the Italian concept of making every aspect of life as beautiful as it can be, that Kamin Mohammadi discovered when she escaped the London corporate media world for a year in Italy. Following the lead of her new neighbors, she soon found a happier, healthier, and more beautiful way of living. The *bella figura* knows: • That the food that you eat should give you pleasure while eating it. Pause for meals, and set a place, even if you are eating alone. • To seize any opportunity to get moving—be it taking the stairs, doing a coffee run at work, or dancing with abandon. • To drink a spoonful of excellent-quality extra-virgin olive oil four times a day. • To seek out nature, be it a city park, a tree on your street, or some wild place. • And to love yourself. The *bella figura*—occupies her space, emotionally and physically, with style and entitlement.

*Every Day in Tuscany* Simon and Schuster

Frances Mayes, whose enchanting #1 New York Times bestseller *Under the Tuscan Sun* made the world fall in love with Tuscany, invites readers back for a delightful new season of friendship, festivity, and food, there and throughout Italy. Having spent her summers in Tuscany for the past several years, Frances Mayes relished the opportunity to experience the pleasures of primavera, an Italian spring. A sabbatical from teaching in San Francisco allowed her to return to Cortona—and her beloved house, *Bramasole*—just as the first green appeared on the rocky hillsides. *Bella Tuscany*, a companion volume to *Under the Tuscan Sun*, is her passionate and lyrical account of her continuing love affair with Italy. Now truly at home there, Mayes writes of her deepening connection to the land, her flourishing friendships with local people, the joys of art, food, and wine, and the rewards and occasional heartbreaks of her villa's ongoing restoration. It is also a memoir of a season of change, and of renewed possibility. As spring becomes summer she revives *Bramasole's* lush gardens, meets the challenges of learning a new language, tours regions from Sicily to the Veneto, and faces transitions in her family life. Filled with recipes from her Tuscan kitchen and written in the sensuous and evocative prose that has become her hallmark, *Bella Tuscany* is a celebration of the sweet life in Italy. Now with an excerpt from Frances Mayes's latest southern memoir, *Under Magnolia*.

*Living in Tuscany* Random House Australia

A short story as experienced by Kerry & Yvonne Wilbraham A genuine and authentic true story  
 Written by Yvonne M. Wilbraham Preface In the spring of 1980 until the fall of 1985 my husband (Kerry) and I lived in Florence, Italy and the story that Yvonne is about to tell is entertaining,

enjoyable, and on occasion humorous. Personally, observing and encountering different "savoir-faire" has given us more knowledge and understanding of the Italian culture and diversity; which we absolutely fell in love with. Most of the knowledge and observing acquired as well as the day-to-day insights, with the Italians, was based on Yvonne's adventures and undertaking as Kerry was working as a Tour Manager. He escorted tours throughout Europe and traveled continuously. Someone has to work so Yvonne can frolic "under the Tuscan sun"! Follow Kerry and Yvonne's escapades during the early 1980's in charming and captivating city of Florence and Tuscany region. There will be period of absolute hilarity, periods of tranquility, serenity and peacefulness as well as awe-inspiring and body-tingling moments. Engage yourself in the vibrant local markets and delve into the nuances of the Italian scenery, history and cuisine. Each scene yields ineffable surprises. Unravel how Yvonne tries to speak the Italian language, as a native, and manages to "get lost in translation"! The first time Yvonne rode a scooter she manages to get into a dilemma and experienced physical pain and difficulties of getting home safely. Uncover and bring to light what it's like to purchase a home in Tuscany. Sense the frustration and aggravation Yvonne had to face to obtain a "work permit" when dealing with red tape and bureaucracy. Feel the pain when the decision was made to end our dream, living in Tuscany, comes to an end. A must-read for people who are interested in what life was like in Italy, as experienced by two well-traveled individuals during the early 1980's. At the end of the narrative an extra added feature will be given. An overview (brief description of places Yvonne visited during her 40 years working in the travel industry.)

*Every Day in Tuscany* Little Creek Books

Vineyards and rolling hills From the Maremma coastline to the countryside around Siena, from the vineyards of Chianti to the famous beaches of Viareggio, not forgetting the ancient cities of Florence, Siena, Lucca, Arezzo, Cortona . . . the ever-changing scenery of Tuscany is a source of infinite delight. Gardens of Tuscany Famous for its sumptuous villas, Tuscany welcomes the garden lover: the Boboli Gardens in Florence, the gardens in Lucca or Siena—less well-known but just as beautiful—Living in Tuscany brings these havens of tranquility to the reader. Tuscan Interiors A room with a view over the Piazza del Campo in Siena, medieval terraces in the heart of Florence, grand villas surrounded by vineyards belonging to Tuscany's ancient nobility, the homes of artists and writers. Tuscany opens its doors to reveal its cultural and creative riches. Artistic heritage Tuscany is justly proud of its artistic and cultural heritage: fabulous museums in the heart of ancient cities displaying all the glories of Italian decorative art; the workshops of sculptors from all over the world come to work in the small town of Pietrasanta; artisans breathing new vigor into the traditional crafts of the region—Impruneta pottery, silks and perfume from Florence, mosaic art, marbled paper and leatherwork. Places of special interest Well-known Florence restaurants or tiny trattorias in isolated hamlets, local markets, the village butcher who is also a poet, wines from Chianti and purest olive oils for the gourmet palate, Tuscany is a synonym for good living. Old family villas turned into hotels, small farms that welcome families exploring off the beaten track: discovering Tuscany's hidden treasures becomes a real delight. Visitor's Guide The best addresses, as recommended by the Tuscans themselves, to discover the true Tuscany beyond the tourist trail. From little-known museums to the best vineyards to visit, from where to find the finest handmade gloves to where to eat the best tagliatelle, the Visitor's Guide tells you all you need to know to make the most of your stay in this enchanting region. Tuscany . . . The name evokes a unique lifestyle, the legacy of an extraordinary historical and cultural heritage. In Tuscany, daily life is steeped in art: villas and gardens are wonders of balance between man and nature; interiors harbor treasures jealously guarded through the centuries. In this sumptuously illustrated book, we discover villages where time seems to have stopped; the extraordinary interiors and gardens of villas and palaces; and the traditional crafts, cuisine, and wines which make this region so exceptional.

**Living in Tuscany. 40th Ed** Random House Digital, Inc.

A tour of the region's villas, farmhouses, abbeys, and castles

*Bella Tuscany* Algonquin Books

Enter a land of tranquil cobbled squares, rustic earthenware, and lavender fields. In this survey of Provençal homes and interiors, discover all of the rural charm that enraptured such artists as Vincent van Gogh and Picasso. From lavish chateaux to quiet, antique retreats, this updated edition is complete with insightful captions, enthralling...

*Montecrisi* Yvonne M Wilbraham

What happens when you decide to make a dream come true? Newly retired and looking for more than a vacation, John and Nancy Petralia intrepidly pack up a few suitcases and head to the "perfect" Italian city for a year. Within days their dream becomes a nightmare. After residing in two Italian cities, negotiating the roads and health care, discovering art, friends, food and customs, the Petralias learn more than they anticipated--about Italy, themselves, what it means to be American, and what's important in life. Part memoir, part commentary, quirky and sincere, *Not in a Tuscan Villa* is about having the courage to step out of your comfort zone and do something challenging in later life. The adventure recaptures the Petralias' youth, rekindles their romance--and changes their lives forever. "If you can't go in Italy, you'll be glad the Petralias did."

*At Least You're in Tuscany* Broadway

Tuscan treasures: Gorgeous homes in the Italian countryside Under the burning Tuscan sun roll marvelous hills, vineyards, olive groves--all postcard-perfect landscapes nestling medieval towns, rural villas, and contadino farmhouses, endless niches of dreamy dwellings exuding all the charm for which the region is revered. We've tracked down the best examples of such havens--from the typical to the surprising--to paint a warm-hued picture of the look and feel of Tuscan living. Inspiration abounds from these pages of achingly beautiful homes; who knows--maybe you can bring the magic of Tuscany to your corner of the world. Text in English, French, and German

*Bella Tuscany* London : Smith, Elder

Tuscany has long exerted a magnetic pull over visitors to this most romantic of Italy's provinces. From Lord Byron and Henry James to contemporary writers, designers, and artists, everyone is charmed by the rolling Tuscan landscape, its magical light, its rich artistic and visual culture, and above all, its highly sensuous way of life. "Private Tuscany reveals the interior style of some of the area's most charming homes--the pared-down beauty of a film director's farmhouse retreat; the refined elegance of an aristocrat's seventeenth-century palazzo high in the hills; the Gothic mood of a winemaker's medieval fortress; the modern chic of a designer's country house; or the earthy character of an architect's villa, drenched with color and light. Whether it is the ancient terra-cotta floors, gardens fragrant with herbs, or candlelit dinners on outdoor terraces, the spirit of living in Tuscany is alive in these pages in brilliant color.

*An Italian Journey Celebrating the Sweet Life of Tuscany* Delta

A lavishly illustrated ode to the joys of Tuscany's people, food, landscapes, and art, from the bestselling author of *Under the Tuscan Sun* and *See You in the Piazza* "A love letter to Italy written in precise and passionate language of near-poetic density."—*Newsday* In Tuscany celebrates the abundant pleasures of life in Italy as it is lived at home, at festivals, feasts, restaurants and markets, in the kitchen and on the piazza, in the vineyards, fields, and olive groves. Combining essays by Frances Mayes and a chapter by her husband, poet Edward Mayes, with more than 200 full-color photos by photographer Bob Krist, each of this book's five sections highlights a signature aspect of Tuscan life: *La Piazza*: the locus of Italian village life. With photographs of the shop signs, the outdoor markets, medieval streets, people, their pets and their cars, and snippets of conversations overheard, Mayes reveals the life of the Piazza in her town of Cortona as well as out-of-the-way places such as Volterra, Asciano, Monte San Savino, and Castelmuozio. *La Festa*: the celebration. Essays and photos of feasts and celebrations, such as the Christmas dinner for twenty-seven at a neighbor's house and a donkey race around the church at Montepulciano Stazione, illustrate how the Tuscans celebrate the seasons--their open ways of friendship, their connection to nature, and most of all, their sense of abundance. *Il Campo*: the field. Here Edward Mayes evokes the deep sense of the shift of seasons as he picks olives before he and Frances head off to the olive oil mill and enjoy the first bruschette with new oil. *La Cucina*: the kitchen. An intimate view of the all-important role of the kitchen in Tuscan culture, including photographs of her own kitchen and gardens, menus from great local cooks, the elements of the Tuscan table, dishes with cultural and culinary notes on each, and, of course, delectable recipes. *La Bellezza*: the beauty. From the quality of the light falling on sublime landscapes in different seasons and Tuscan faces in moments of laughter to a silhouette of cypress trees in the early evening and a wild bird perched on a neighbor's head, In Tuscany features views of beauty that reveal the singular splendor of one of the world's best-loved and most artistic regions.

*Vanilla Beans and Brodo* Taschen America Llc

This is a true story which begins with an unexpected love affair with all things Italian. An innocent evening stroll whilst on holiday, through the narrow ancient stone paved streets of a medieval Italian hill town, leads to a proposal and a heart rending revelation being uncovered once back in England. The discovery subsequently steers a course to a very different way of life. A Tuscan wedding follows together with a glimpse into the everyday life of the local Italians encountered along the way. An unfortunate accident causes a life threatening illness but the warmth, generosity and kindness shown by the Italian people comes to the fore. All this is combined with an insight into some of the highs and lows of purchasing renovating and living in an old ruin nestled deep in the forest of the Northern Tuscan hills. Not just a must read for lovers of all things Italian.

*Love in a Tuscan Kitchen* J.G.Arthur

Renowned restaurateur, bon vivant, and armchair philosopher Pino Luongo presents a year of Tuscan menus, with recipes for living the good life. Pino Luongo is Tuscan to his toes--by birth, in sensibility, philosophically, and in the way he lives his life. To be Tuscan, Pino says, "is to honor all your senses." And he believes that everyone would benefit from having a little bit of Tuscany in his or her life, which is why he has written *Simply Tuscan*. Welcome in the spring with a menu of quintessentially seasonal recipes, such as Artichoke, Romaine, and Pea Soup, followed by Roasted Veal with Lemon and Sage, and sweetened with Panna Cotta with Strawberries and Balsamic Vinegar. Or welcome your in-laws with a meal they'll never forget: Zucchini Soup with Mint, Ricotta Ravioli with Osso Buco Gremolata, and Upside-Down Warm Apple Tart. Follow Pino to the seashore in summer, where, as he says, "the beach makes us wild with energy," to partake of a Summer Night Seafood Extravaganza--Crispy Fried Shrimp with Summer Vegetables in Sweet and Sour Vinaigrette, Trout Roasted Porchetta-Style, and Lobster and Cannellini Beans in Guazzetto. Celebrate Thanksgiving Tuscan-style and, Pino promises, it will give you something else to be thankful for. Start the meal with Farro, Swiss Chard, and Butternut Squash Soup. Follow it up with Goose with Vineyard Stuffing instead of the usual turkey. Try Mashed Potatoes with Leeks in place of the candied sweets, and finish with Spiced Poached Pears with Vin Santo Sabayon. Winter means comfort food all over the world, and in Tuscany this might mean Oven-Baked Leg of Pork Glazed with Chestnut Honey, a Carrot and Apple Puree, and Caramelized BabaScented with Orange. All of these

recipes and many more, accompanied by Pino's wise and witty commentary on the occasions for which they were devised, are intended, in his words, to "convert you to Tuscanism...once you get a taste for it, there's no turning back." And this beautifully designed, lavishly illustrated, deliciously tempting book of recipes is certain to do just that. Some of the recipes, such as Cacciucco, a fish and shellfish stew, or the Easter Torta with Cheese, are totally, typically, traditionally Tuscan; others, like Crabmeat Ravioli in Ginger-Scented Vegetable Broth and the Bay Scallop and Asparagus Risotto are modern interpretations, which, nevertheless, remain truly Tuscan in spirit. *SIMPLY TUSCAN* is intended, in Pino's words, to "convert you to Tuscanism--once you get a taste for it, there's no turning back." And this beautifully designed, lavishly illustrated, deliciously tempting book of recipes is certain to do just that. -->

**A Chestnut Barn in Tuscany** Rizzoli Publications

A celebration of the Italian spirit! This edition of *AN ITALIAN JOURNEY* includes over forty beautiful photographs of the gorgeous Tuscan countryside. The story begins with a girl. Then it was Italian food. After that it was books and discovering that even Mark Twain had fallen for Italy. E.M. Forster was smitten too: Love and understand the Italians, for the people are more marvelous than the land. *WHAT IS IT ABOUT ITALY AND ITALIANS?* Italian movies immortalize the mystique. Fellini called it *La Dolce Vita*. Tornatore's *Cinema Paradiso* took James Shaw back to the sweet memories of his childhood and the Italian family who operated the hometown theater. And just like in the movie, young James had an Alfredo who, by example, taught him about serving people. James learned that Italians don't feel they're special. Luigi Barzini, author of *The Italians*, repeatedly asked, Why are we the way we are? and found no conclusive answer. But James was convinced there was a reason why the Renaissance was born in Tuscany and Italy has given the world Saint Francis, Michelangelo, da Vinci, Galileo and now Benigni, whose film *Life Is Beautiful* showed the world that the Italian zest for living can even make a heaven of a hell. And so, after a lifetime of thinking about Italy James became convinced that the way to find out why Italians are the way they are, would be to eat with them at their kitchen tables. Day after day he picked their olives and the Italians began treating him like family. And James began seeing their unique human quality that attracts people to Italy and keeps pulling them back again and again. But the story doesn't end in the olive groves of Tuscany. To discover the heart of Italian life, James had to travel back to World War II Italy. *An Italian Journey* will inspire you to follow your passions, your enthusiasms, to your own Beautiful Discoveries. *BELLA SCOPERTA!*

*In Tuscany* Random House

This light, lively book takes place in Italy, with hilarious anecdotes about the author and her husband's trip to visit his family in Abruzzo and finally their escape to Tuscany. Her own expectations were shattered when she embarked on la dolce vita. She envisioned drinking unforgettable Brunello by candlelight and discussing art and history with elegant dinner guests. Instead, dinner discussions revolved around how to avoid a "bad wind," whether the Mafia runs IKEA, and bizarre theories on why the Chinese in Italy never have funerals. Now she drinks Zio's own "unforgettable," almost undrinkable, wine, as he pays long-winded tributes to the vile liquid as if it were an elixir of the gods. Celebrate with our author--for mere mortals, or their livers, could not have lived to tell the tale. Although the author was initially drawn to Italy for its art, architecture, and Vogue, often described in other books, it is evident that still lifes and stiletos do not hold this author's attention as much as living people do. The author's open, sympathetic viewpoint captures the characters' quirky charm and the local color. Although you certainly wouldn't call this a philosophical book, how the author observes and deals with individuals and situations in her life shows that she follows her own philosophy, one that is worth looking into. If we could regard the most sinister carabinieri and the most self-important consulate employee with sympathetic amusement and not anger, that would be an accomplishment worth imitating. The author can laugh at her own expense, a rare quality. Her attitude and wit can turn even adversity into an almost tolerable and redeeming experience. Although the author is not so naive as to think that all Italians' lives flow as smoothly as their olive oil, she has not met anyone in Italy who is bitterly disappointed with life. So pour yourself a glass of bad Italian wine, add a dose of accordion music, and spend some time in Ivanka Di Felice's Italy."

*Simply Tuscan* Albatross

George is an amiable but bumbling Cornish-man who has spent most of his life in Tuscany close to the hill town of Montecrisi. His various occupations leave plenty of time for doing, not very much, an activity he excels in. A meeting with a Countess goes seriously awry leading to a series of murderous consequences.

*A Vineyard in Tuscany* Crown

This book is a lush and beautiful memoir of a very special house and a superb recreation of a bygone era.

*A Zany Slice of Italy* Taschen

When Isobel Dusi visited Italy with her Australian husband Lou, little did they imagine that life would change forever. But, utterly besotted with the fragrant warmth and good-natured conviviality of Southern Tuscany, they decided to sell up their lives in the big city and move thousands of miles to follow the dream of a life more in keeping with ancient rhythms and time-honoured traditions of the Mediterranean. After months of searching they settled upon Montalcino, an intriguing hilltop medieval village with a reputation for some of the finest wine in Italy. *VANILLA BEANS AND BRODO* is an account of Isobel's hard-won acceptance into this tempestuous, warm-hearted and proudly independent community, whose voluble passions for home grown wine and Tuscan cuisine, for football and ancient traditions and festivals, puts paid to the myth that life in rural Tuscany is tranquil. Isobel and Lou are gradually transformed into Isabella and Luigi in this charming account of Tuscan village life that really gets to the beating heart of an Italian community - its joys, pleasures, anxieties, but above all, its absorbing eccentricities.

*The Tuscan Year* Farrar, Straus and Giroux

Continuing Mayes's account of her enchanting, ever-evolving life in Italy, "Bella Tuscany" presents the author truly at home as she invites readers back to savor more friendship, festivity, and food. Filled with recipes from her Tuscan kitchen and written in the sensuous prose that has become her hallmark, "Bella Tuscany" celebrates life's seasons of renewed possibility.

**Living in Provence** Allen & Unwin

In her inimitable warm and evocative tone, Frances Mayes helps readers develop an eye for authentic Tuscan style, with advice on how to: Choose a Tuscan colour palette for the home, from earthy apricot tones to invigorating shades of antique blue; Cultivate a Tuscan garden, adding fountains, vine-covered pergolas, and terracotta urns among the herbs and flowers.. Make prime finds at their local antique markets - and to truly bring Tuscany home, shipping advice and market days for several Tuscan towns are included. Set an imaginative Tuscan table using majolica and vintage linens; Enjoy the abundant flavours and easy simplicity of the Tuscan kitchen, with details on everything from olive oil and vin santo to pici and gnocchi, plus special, homegrown menus and recipes.